

COLORADO MOUNTAIN COLLEGE

SUMMER 2019 CLASS SCHEDULE



▶ Aspen & Carbondale

Registration Starts April 22 / Classes Start May 20





ASPEN & CARBONDALE

Summer Class Schedule

2019

ASPEN CAMPUS

255 Sage Way, Aspen, CO 81611

970-925-7740

fax 970-925-6045

cmcas@coloradomtn.edu

hours Monday-Thursday, 8am-8pm*

Friday, 8am-5pm

CARBONDALE CAMPUS

690 Colorado Ave, Carbondale, CO 81623

970-963-2172

fax 970-963-2325

cmccb@coloradomtn.edu

hours Monday-Thursday, 8am-7:45pm*

Friday, 8am-4:45pm

*Evening closing hours vary with the academic calendar and dismissal of the latest evening class.

SCHEDULE/HOLIDAYS

Memorial Day: May 27

Independence Day: July 4

REGISTRATION

Please register early to secure your spot. Colorado Mountain College offers several registration options, depending on your admissions status.

ONLINE For detailed online registration instructions, see the back page of this bulletin.

Current students can register at <https://basecamp.coloradomtn.edu>

To apply and register for credit classes go to www.coloradomtn.edu/register

To register and pay for noncredit courses go to webadvisor.coloradomtn.edu

IN PERSON OR BY EMAIL See campus contact information on the left side of this page

DROPS & REFUNDS

To drop a class, students must fill out a Class Add/Drop form and submit it to the campus or login to WebAdvisor and drop online. To receive a refund, make sure the class is dropped by the listed refund date in this publication or on the website. Students that drop classes after the refund date will not receive a refund.

TEXTBOOK INFORMATION

Learning Materials Program (LMP) is a flat rate library-like system that applies to all required course materials based on number of credit hours (\$26/credit hour). Visit www.ColoradoMtn.edu/Textbooks for more info.

TECHNOLOGY FEES

Students pay a technology fee every semester based upon their credit load with a maximum of \$50/semester.

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LOCATION KEY

- AS ▶ CMC Aspen, 0255 Sage Way, Aspen
- AM ▶ Aspen Meadows, 845 Meadows Rd, Aspen
- AMF ▶ Aspen Music Festival, 980 N. 3rd St, Aspen
- ARC ▶ Aspen Recreation Center, 0861 Maroon Creek Rd, Aspen
- BMS ▶ Basalt Middle School, 51 School St, Basalt
- BP ▶ Basalt Pool, 0600 Elk Run Dr, Basalt
- CB ▶ CMC Carbondale Lappala Center, 690 Colorado Ave, Carbondale
- CM ▶ Crown Mountain Tennis Court, 0020 Eagle County Dr, El Jebel
- GB ▶ The Gym of Basalt, 82 Duroux Ln, Basalt
- GW ▶ CMC Glenwood Springs, 1402 Blake Ave, Glenwood Springs
- TAC ▶ The Aspen Clinic, 1460 E. Valley Rd, Suite 221, Basalt
- WH ▶ Whitehorse Yoga, 105 Village Lane, Carbondale
- VYB ▶ Vimana Yoga, 2300 Two Rivers Rd, Suite 36, Basalt
- ZY ▶ Zaya Yoga, Aspen Airport Business Center #408, Unit B, Aspen

CODECOURSE

TITLE

SITE

DAYS

TIMES

DATES

Aspen & Carbondale Summer 2019 Semester Credit Class Guide

Visit www.ColoradoMtn.edu/classes for full course requirements, description and syllabus.

| | | | | | |
|----------------|---------------------------------|--------|------|------------|-----------|
| * ACC-121-AS01 | Accounting Principles I | AS WEB | Th | 6-9:50p | 5/23-8/8 |
| * ART-114-AS01 | Art Sampler: Metal Casting | AS | T | 5:30-9:05p | 6/4-7/9 |
| * ART-114-AS02 | Art Sampler: Jewelry/Metalwork | AS | W | 5:20-9:40p | 6/5-7/3 |
| * ART-114-AS03 | Art Sampler: Figure Drawing | AS | T | 5:30-8:35p | 6/4-7/16 |
| * ART-114-AS04 | Art Sampler: Paint & Draw | AS | Th | 5:10-9:30p | 6/6-7/11 |
| * ART-114-AS05 | Art Sampler: New Lithography | AS | M | 5:30-9:05p | 6/3-7/15 |
| * ART-114-AS06 | Art Sampler: Watercolor | AS | M | 5:30-8:35p | 6/3-7/15 |
| * ART-114-CB01 | Wire Jewelry Making | CB | M | 5-9:20p | 6/3-7/1 |
| ART-178-AS01 | Ceramics Form + Surface Wrkshp | AS | T | 12-4:20p | 6/4-8/6 |
| ART-178-AS02 | Open Studio Workshop | AS | T | 5:10-9:30p | 6/4-8/6 |
| ART-178-AS03 | Ceramics Studio Workshop | AS | W | 5:10-9:30p | 6/5-8/7 |
| ART-178-AS04 | Beginning Ceramics Workshop | AS | M | 5:10-9:30p | 6/3-8/5 |
| ◆ BIO-201-AS01 | Human Anatomy & Physiology I | AS | T Th | 9-11:15a | 5/28-8/1 |
| BUS-102-AS01 | Entrepreneurial Operations | AS | T | 5:40-9:40p | 5/28-8/6 |
| * BUS-115-CB01 | Introduction to Business | CB | W | 5:40-9:10p | 5/29-8/7 |
| * COM-125-CB01 | Interpersonal Communication | CB | M W | 4:55-6:55p | 6/3-8/7 |
| ◆ ENG-121-AS01 | English Composition I | AS | M W | 9-11:20a | 6/10-8/7 |
| ◆ ENG-121-CB01 | English Composition I | CB | M W | 7-9:05p | 6/3-8/7 |
| HPR-102-CB01 | CPR for Professionals (AHA) | CB | Sa | 8-5p | 7/27 |
| * HWE-100-CB01 | Human Nutrition | CB | T Th | 1-3:50p | 5/21-6/27 |
| HWE-103-AS01 | Community First Aid & CPR w/AED | AS | M T | 9-2p | 6/3-6/4 |
| HWE-103-AS02 | Community First Aid & CPR w/AED | AS | M W | 9-2p | 7/22-7/24 |
| HWE-103-CB01 | Community First Aid & CPR w/AED | CB | F | 8a- 5:30p | 7/26 |
| HWE-103-CB02 | Community First Aid & CPR w/AED | CB | F | 9a- 6p | 6/7 |
| ◆ MUS-120-AS01 | Music Appreciation | AS | M | 1-3:50p | 6/3-8/5 |
| ◆ MUS-120-AS02 | Music Appreciation | AS | M | 4-6:50p | 6/3-8/5 |
| MUS-275-AS01 | Music Performance Appreciation | AMF | M-Su | 8a-10p | 6/24-8/18 |
| * PED-102-AS01 | Weight Training I | AS | M W | 4:20-5:25p | 5/20-8/7 |
| * PED-216-AS01 | Physical Conditioning | AS | M W | 5:25-6:45p | 6/3-8/7 |
| * PED-216-CB01 | Physical Conditioning | GB | T F | 8:30-9:50a | 6/3-8/9 |
| * PED-221-CB01 | Dynamic Workout | TAC | M Th | 8:30-9:35a | 5/20-8/8 |
| ◆ PSY-102-CB01 | General Psychology II | CB | T Th | 5:30-8p | 6/4-8/8 |

ACCUPLACER DATES

All first-time degree-seeking students, and anyone seeking select certificates, or just wanting to take a credit class, must be assessed in reading comprehension, English, writing and mathematics or prove college-readiness through other means. For more information on placement testing visit <https://coloradomtn.edu/apply-get-started/placement-testing/>

ASPEN TESTING DATES


- April 16 - 5:30pm
- April 24 - 10am
- May 6 - 5:30pm
- May 16 - 10am

CARBONDALE TESTING DATES



- May 7 - 12pm
- May 23 - 1 pm
- June 12 - 12pm
- July 11 - 12pm
- August 1 - 12pm
- August 13 - 12pm
- August 22 - 12pm

Students must sign up for accuplacer test and bring a photo ID to the exam.

LEARNING MATERIALS PROGRAM (credit classes only)

- The CMC Learning Materials Program (LMP) is a textbook program designed to deliver textbooks to students at the start of the semester. Books must be returned unless the student chooses to purchase their books.
- Students will see a \$26/credit charge on their registration statement for any credit classes included in the LMP. Auditing students will not be charged for textbooks and will have to order the book(s).
- Each class will state whether it is part of the LMP and those classes that require textbooks will have a book symbol  in the course title. NOT all classes that are part of the LMP require textbooks.
- Students must verify their address each semester on the CMC LMP dashboard at Basecamp > MY CMC Apps > Learning Material Program. It takes less than a minute. Textbooks will NOT be delivered until students verify their address.
- Students must return their text books the last date of the semester or within 7 days after dropping a class. Students who fail to return books by these deadlines will be charged 50% buyout per item, and unpaid charges will result in a financial hold on the students account.
- To return: print a free label from the CMC LMP Dashboard under "Manage My Returns," and ship them using UPS. Some CMC Campus locations offer a courtesy drop point only during finals week.
- Contact the LMP representative for more information at 970-925-7740, or call CMC LMP Customer Service at 844-523-9056.

USING THIS SCHEDULE

Course Code Title   Indicates important information or requirements you need to know before you register. View the complete course description at www.ColoradoMtn.edu/classes. Credit Value

* BUS-115-CB01 **INTRODUCTION TO BUSINESS**  3 CR

Class is part of the CMC Learning Materials Program (LMP). Credit seeking students will be charged \$26 per credit. Text required and will be sent directly to students.

Prerequisites: Requires college-level composition and reading placement.

18623 W 5:40p-9:10p 5/29-8/7 CB Bramson 6/10 7/21 \$240

Synonym number: **Purple** = Credit, **Brown** = Noncredit

Course meeting days and times

Course dates

Class location (see location key on page 3)

Faculty

Refund date: last date to drop and get a refund.

Withdraw date: last date to drop.

In-District Tuition + additional charges (if applicable).

 COLORADO STATE GUARANTEED TRANSFER COURSE

* APPLIES TO CMC AA/AS DEGREE

 IVS COURSE

 WEB COURSE

 HYBRID COURSE: CLASSROOM/INTERNET

 TEXTBOOK/S REQUIRED

COURSE CODE

COURSE TITLE

ADDITIONAL INFO

SYN

Online Learning Classes - Summer 2019 Classes meet May 28-Aug. 9 unless otherwise noted. Most classes require a text. Please visit www.ColoradoMtn.edu/online_learning for full course requirements, description and syllabus.

| | | | |
|-----------|--|----------------------|--------------|
| * ACC-121 | Accounting Principles I (4 CR) | | 18558 |
| * ACC-122 | Acctng Principles II (4 CR) | | 18559 |
| ACC-138 | Payroll & Sales Tax (3 CR) | | 18565 |
| ◆ ANT-101 | Cultural Anthropology (3 CR) | | 18577 |
| ◆ ANT-107 | Introduction to Archaeology (3 CR) | | 18759 |
| ◆ ART-110 | Art Appreciation (3 CR) | | 18586 |
| * ART-139 | Digital Photography I (3 CR) | | 18588 |
| ◆ BIO-105 | Science of Biology (4 CR) | includes lab | 18593 |
| BIO-106 | Basic Anatomy & Physiology (4 CR) | includes lab | 18599 |
| ◆ BIO-204 | Microbiology (4 CR) | includes lab | 18601 |
| * BIO-216 | Human Pathophysiology (4 CR) | | 18602 |
| BUS-102 | Entrepreneurial Operations (3 CR) | | 18604 |
| * BUS-115 | Introduction to Business (3 CR) | | 18606 |
| * BUS-216 | Legal Environment of Business (3 CR) | | 18607 |
| * BUS-217 | Bus Comm & Report Writing (3 CR) | | 18609 |
| * BUS-226 | Business Statistics (3 CR) | | 18611 |
| BUS-334 | Organizational Leadership (3 CR) | | 18612 |
| BUS-485 | Capstone (3 CR) | | 18615 |
| ◆ CHE-101 | Introduction to Chemistry I (5 CR) | includes lab | 18621 |
| * CIS-118 | Intro to PC Applications (3 CR) | | 18627 |
| * COM-125 | Interpersonal Communication (3 CR) | | 18634 |
| CRJ-208 | Criminal Evidence (3 CR) | | 18637 |
| CRJ-216 | Juvenile Law & Procedures (3 CR) | | 18640 |
| * ECE-101 | Intro to Early Childhood (3 CR) | | 18642 |
| ◆ ECO-201 | Principles of Macroeconomics (3 CR) | | 18646 |
| ◆ ECO-202 | Principles of Microeconomics (3 CR) | | 18649 |
| ECO-429 | Econ for Managerial Decisions (3 CR) | | 18650 |
| * EDU-222 | Effective Teaching (1 CR) | class meees 5/28-7/1 | 19278 |
| ◆ ENG-121 | English Composition I (3 CR) | | 18656 |
| ◆ ENG-122 | English Composition II (3 CR) | | 18658 |
| * ENG-221 | Creative Writing I (3 CR) | | 18659 |
| ◆ ENV-101 | Intro to Environmental Science (4 CR) | includes lab | 18662 |
| ◆ GEO-105 | World Regional Geography (3 CR) | | 18686 |
| ◆ HIS-101 | Western Civ: Antiquity-1650 (3 CR) | | 18690 |
| ◆ HIS-121 | US History to Reconstruction (3 CR) | | 18691 |
| ◆ HIS-122 | US History Since Civil War (3 CR) | | 18693 |
| ◆ HIS-225 | Colorado History (3 CR) | | 18694 |
| HIT-120 | Working With Health IT System (4 CR) | class meets 5/20-8/9 | 18757 |
| HOS-116 | Spa Retailing (3 CR) | | 18698 |

COURSE CODE

COURSE TITLE

ADDITIONAL INFO

SYN

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| | | | |
|-----------|--------------------------------------|----------------------|-------|
| HOS-226 | Supervision in Hosp Ind (3 CR) | | 18700 |
| HOS-240 | Purchasing & Menu Planning (3 CR) | | 18737 |
| HOS-255 | Human Resource Management (3 CR) | | 18739 |
| HPR-106 | Law & Ethics for Health Prof (2 CR) | class meets 5/20-8/9 | 18836 |
| HPR-118 | Introduction to Nutrition (2 CR) | class meets 5/28-8/2 | 18741 |
| * HPR-178 | Medical Terminology (2 CR) | | 18758 |
| ◆ HUM-123 | The Modern World (3 CR) | | 18760 |
| * HWE-100 | Human Nutrition (3 CR) | class meets 5/28-8/2 | 18761 |
| * HWE-111 | Health & Fitness (3 CR) | | 18763 |
| ◆ LIT-115 | Introduction to Literature I (3 CR) | | 18765 |
| MAN-486 | Leading & Managing Change (3 CR) | | 18766 |
| MAN-497 | Business Strategy (Capstone) (4 CR) | | 18767 |
| MAP-110 | Medical Office Administration (4 CR) | class meets 5/20-8/9 | 18918 |
| MAP-120 | Medical Office Financial Mgmt (4 CR) | class meets 5/20-8/9 | 18919 |
| MAR-155 | Social Media for Business (3 CR) | | 18770 |
| * MAR-216 | Principles of Marketing (3 CR) | | 18771 |
| MAR-326 | Contemporary Marketing (3 CR) | | 18772 |
| MAT-107 | Career Math (3 CR) | | 18769 |
| ◆ MAT-121 | College Algebra (4 CR) | | 18774 |
| ◆ MAT-125 | Survey of Calculus (4 CR) | | 18778 |
| ◆ MAT-135 | Introduction to Statistics (3 CR) | | 18775 |
| MOT-131 | Adv Insurance Billing/Coding (3 CR) | | 18929 |
| ◆ MUS-120 | Music Appreciation (3 CR) | | 18780 |
| PAR-118 | Contracts (3 CR) | | 18782 |
| PAR-201 | Civil Litigation (3 CR) | | 18783 |
| PAR-213 | Legal Research & Writing I (3 CR) | | 18784 |
| PAR-287 | Cooperative Education (3 CR) | | 18785 |
| PAR-289 | Capstone (3 CR) | | 18786 |
| ◆ PHI-111 | Introduction to Philosophy (3 CR) | | 18789 |
| ◆ PHI-112 | Ethics (3 CR) | | 18790 |
| ◆ PHI-113 | Logic (3 CR) | | 18791 |
| ◆ PHI-218 | Environmental Ethics (3 CR) | | 18794 |
| ◆ POS-111 | American Government (3 CR) | | 18795 |
| ◆ PSY-101 | General Psychology I (3 CR) | | 18796 |
| ◆ PSY-102 | General Psychology II (3 CR) | | 18797 |
| ◆ PSY-231 | Positive Psychology (3 CR) | | 19288 |
| ◆ PSY-235 | Human Growth & Development (3 CR) | | 18798 |
| ◆ SOC-101 | Introduction to Sociology I (3 CR) | | 18799 |
| ◆ SOC-215 | Contemporary Social Problems (3 CR) | | 18800 |

SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

Art & Media

| | | | | | | | | | |
|--|---------------------------------------|-------------|----------|----|-------------------|------|------|------------|------|
| * ART-114-AS01 | METAL CASTING | | | | | | | | 1 CR |
| <p>Explore our new jewelry casting equipment. Students can choose to make 3D printed models or handmade wax models for casting in silver or bronze. Make rings, pendants, or small brooches. Open to all levels. Students can purchase metals on their own or through CMC and must purchase their own tools/supplies. Email the front desk at cmcas@coloradomtn.edu to receive detailed metal and tool/supply information. Course fee of \$43 is for the cost of gas/torching equipment. This course is subject to the CMC Learning Materials Program (LMP) and students will be charged \$26/credit hour. For questions related to CMC LMP please see Basecamp or contact your campus.</p> | | | | | | | | | |
| 20044 | T | 5:30p-9:05p | 6/4-7/9 | AS | Heller | 6/10 | 6/30 | \$80+\$43 | |
| * ART-114-AS02 | JEWELRY/METALWORK | | | | | | | | 1 CR |
| <p>Focuses on specific jewelry techniques such as chain making or bezel setting. Techniques will be presented so that both beginners and intermediate students will feel comfortable and challenged. Students can purchase metals on their own or through CMC at a discounted rate of \$40 and must purchase their own tools/supplies and bring them on the first day of class. Email the front desk at cmcas@coloradomtn.edu to receive detailed metal and tool/supply information. Contact Natasha Seedorf at 970-618-2944 with any questions. This course is subject to the CMC Learning Materials Program (LMP) and students will be charged \$26/credit hour. For questions related to CMC LMP please see Basecamp or contact your campus.</p> | | | | | | | | | |
| 20042 | W | 5:20p-9:40p | 6/5-7/3 | AS | Seedorf | 6/10 | 6/26 | \$80 | |
| * ART-114-AS03 | FIGURE DRAWING | | | | | | | | 1 CR |
| <p>This course introduces the basic techniques of drawing the human figure. All levels welcome. This course is subject to the CMC Learning Materials Program (LMP), and students will be charged \$26/credit hour. For questions related to LMP see Basecamp or contact your campus.</p> | | | | | | | | | |
| 20041 | T | 5:30p-8:35p | 6/4-7/16 | AS | Shapiro | 6/10 | 7/6 | \$80 | |
| * ART-114-AS04 | PAINT & DRAW | | | | | | | | 1 CR |
| <p>Explore basic to advanced painting and drawing techniques. Oils or acrylics welcome. Choose your focus: painting, drawing, or both. This course is subject to the CMC Learning Materials Program (LMP) and students will be charged \$26/credit hour. For questions related to CMC LMP please see Basecamp or contact your campus.</p> | | | | | | | | | |
| 19951 | Th | 5:10p-9:30p | 6/6-7/11 | AS | Seguin | 6/11 | 7/2 | \$80 | |
| * ART-114-AS05 | NEW LITHOGRAPHY | | | | | | | | 1 CR |
| <p>Explore lithography printmaking made accessible through Xerox type, coping machines, and pronto plates. No class June 24th. This course is subject to the CMC Learning Materials Program (LMP), and students will be charged \$26/credit hour. For questions related to LMP see Basecamp or your campus.</p> | | | | | | | | | |
| 20035 | M | 5:30p-9:05p | 6/3-7/15 | AS | Woods | 6/10 | 7/5 | \$80 | |
| * ART-114-AS06 | WATERCOLOR | | | | | | | | 1 CR |
| <p>Take advantage of the exciting properties of watercolor to create paintings that glow with color and light. Learn pouring techniques to apply bright glazes of color along with a variety of ways to create texture to add a spark of interest to your paintings. This course is subject to the CMC Learning Materials Program (LMP), and students will be charged \$26/credit hour. For questions related to CMC LMP please see Basecamp or contact your campus.</p> | | | | | | | | | |
| 20038 | M | 5:30p-8:35p | 6/3-7/15 | AS | Shapiro | 6/10 | 7/5 | \$80 | |
| ART-178-AS01 | CERAMICS FORM SURFACE WORKSHOP | | | | | | | | 2 CR |
| <p>This co-taught workshop will focus on skill development on and off the wheel. Demos will include wheel throwing, hand building, and surface design using slip, underglaze, decals, lusters, and glaze. Teachers will alternate weeks. Critiques will be attended by both instructors. Levels 2-4. This course is subject to the CMC Learning Materials Program (LMP) and students will be charged \$26/credit hour. For questions related to CMC LMP please see Basecamp or contact your campus.</p> | | | | | | | | | |
| 19607 | T | 12p-4:20p | 6/4-8/6 | AS | Cesark & Goldberg | 6/13 | 7/21 | \$160+\$54 | |

| SYN | DAY | TIME | DATES | LOC | FACULTY | REFUND | WITHDRAW | IN-DISTRICT |
|--|--------------------------------------|-------------|-----------|-----|----------|--------|----------|-------------|
| ART-178-AS04 | BEGINNING CERAMICS WORKSHOP | | | | | | | 2 CR |
| <i>Learn and build on the basics and get comfortable with the ceramics studio. Wheel throwing and hand building techniques will be covered in a fun and supportive environment. This course is subject to the CMC Learning Materials Program (LMP) and students will be charged \$26/credit hour. For questions related to CMC LMP please see Basecamp or contact your campus.</i> | | | | | | | | |
| 19941 | M | 5:10p-9:30p | 6/3-8/5 | AS | Eames | 6/12 | 7/20 | \$160+\$54 |
| ART-178-AS02 | OPEN CERAMICS STUDIO WORKSHOP | | | | | | | 2 CR |
| <i>Students can choose their focus in this summer ceramics workshop. Demonstrations include surface design, varied forming techniques, and glaze application in a fun and supportive environment. Demonstrations are geared towards the needs of the students. Levels 2-4. This course is subject to the CMC Learning Materials Program (LMP) and students will be charged \$26/credit hour. For questions related to CMC LMP please see Basecamp or contact your campus.</i> | | | | | | | | |
| 19566 | T | 5:10p-9:30p | 6/4-8/6 | AS | Cesark | 6/13 | 7/21 | \$160+\$54 |
| ART-178-AS03 | CERAMICS STUDIO WORKSHOP | | | | | | | 2 CR |
| <i>This workshop will explore functional tableware and/or sculpture. Demos include surface design, slab work, wheel throwing, and glazing techniques. Open to levels 3 and 4. This course is subject to the CMC Learning Materials Program (LMP), and students will be charged \$26/credit hour. For questions related to CMC LMP please see Basecamp or contact your campus.</i> | | | | | | | | |
| 19690 | W | 5:10p-9:30p | 6/5-8/7 | AS | Seguin | 6/14 | 7/22 | \$160+\$54 |
| ART-901-AS50 | WEEKEND MEMBERSHIP | | | | | | | NON CREDIT |
| <i>Enjoy weekend access to the Ceramics Studio at the Aspen campus. Membership is only available to students who are concurrently enrolled in a credit-bearing ceramics course and is only available during the duration of the credit-bearing course. Dates and times vary depending on availability of volunteer monitors.</i> | | | | | | | | |
| 19989 | SaSu | 9a-5p | 6/8-8/4 | AS | Monitors | 6/6 | | \$40 |
| ART-901-AS01 | 2D/3D OBJECT PHOTOGRAPHY | | | | | | | NON CREDIT |
| <i>Whether your works are 2D or 3D, this course will instruct you in the steps necessary for recording the most accurate representations of your work using your digital camera for personal archive, grant/contest submissions, or website galleries. This course will allow students to be hands on with the gear, create images of example pieces, and bring the images into Photoshop to manipulate into finalized files. Requirements: digital camera/point & shoot or DSLR preferred and tripod.</i> | | | | | | | | |
| 19195 | M | 6p-7:30p | 6/3-7/29 | AS | Edquist | 5/31 | | \$99 |
| ART-901-AS02 | IPHONE PHOTOGRAPHY | | | | | | | NON CREDIT |
| <i>This seminar aims to broaden your understanding of the most ubiquitous camera out there today: the iPhone. With the possibility to capture and create images at a moment's notice, your creative opportunities are nearly endless. Utilizing today's most noted and mainstream applications for processing and sharing, students will hone in on refining the compositional, technical, and artistic elements of mobile image-making. Requirements: iPhone 6 or higher</i> | | | | | | | | |
| 19225 | Sa | 9a-4p | 6/15 | AS | Edquist | 6/13 | | \$59 |
| ART-901-AS03 | | | | | | | | |
| 19226 | Sa | 9a-4p | 7/20 | AS | Edquist | 7/18 | | \$59 |
| ART-901-AS04 | IPHONE FILMMAKING | | | | | | | NON CREDIT |
| <i>The iPhone has become such a powerful tool that it now enables anyone to capture high-quality footage with ease. In this hands-on course you will learn how to film, edit, and share images that tell stories. You'll learn how to frame and compose interesting shots, and capture slow motion and time-lapse footage. Then you'll wrap it all up by learning how to edit your footage and share it to You Tube or Instagram. Requirements: iPhone7 or higher</i> | | | | | | | | |
| 19229 | SaSu | 9a-4p | 6/8-6/9 | AS | Lee | 6/6 | | \$119 |
| ART-901-AS05 | | | | | | | | |
| 19231 | SaSu | 9a-4p | 7/13-7/14 | AS | Lee | 7/11 | | \$119 |

SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

Biology

◆ BIO-201-AS01 HUMAN ANATOMY & PHYSIOLOGY I 4 CR

Regular course content is web supported with possible web-based instruction and student work. Students must have access to high-speed internet for any online supplemental work. The course fee of \$40 will cover equipment, chemicals, and consumable materials used in the lab component of this course. Required text is PROVIDED by LMP. Learning Materials Program (LMP) is a flat rate library-like system that applies to all required course materials based on number of credit hours (\$26 per credit hour). For questions related to LMP see Basecamp or contact your campus.

Prerequisites: Prior completion of BIO-111 with a grade of C- or higher. May be taken concurrently if not previously completed with a grade of C- or higher.

19986 TTh 9a--12:40p 5/28-8/1 AS Cornwall 6/6 7/16 \$320+\$40

Business & Accounting

* ACC-121-AS01 ACCOUNTING PRINCIPLES I 4 CR

Class is a hybrid that meets Thursdays in the classroom at the Aspen campus and additional hours online through Canvas. Please see the syllabus for details. Required text is PROVIDED by LMP. Learning Materials Program (LMP) is a flat rate library-like system that applies to all required course materials based on number of credit hours (\$26 per credit hour). For questions related to LMP see Basecamp or contact your campus.

Prerequisites: Requires college-level composition and reading placement.

19987 Th 6p-9:50p 5/23-8/8 AS Cleaver 6/3 7/20 \$320

BUS-102-AS01 ENTREPRENEURIAL OPERATIONS 3 CR

Required text is PROVIDED by LMP. Learning Materials Program (LMP) is a flat rate library-like system that applies to all required course materials based on number of credit hours (\$26 per credit hour). For questions related to LMP see Basecamp or contact your campus.

Prerequisites: Requires college-level composition and reading placement.

19988 T 5:40p-9:40p 5/28-8/6 AS Bramson 6/7 7/20 \$240

BUS-901-AS14 THE MAGIC OF GUEST SERVICE NON CREDIT

Providing excellent service, which exceeds our guests and customers' expectations, is one of the most important paradigms in business today. This educational and entertaining program will help participants become more effective practitioners of the MAGIC of Guest Service. Includes effective hands-on tools, interactive engagement, and real life scenarios.

19306 T 9a-12p 6/4 AS Bramson 5/31 \$39

BUS-901-AS15

19311 T 9a-12p 6/11 AS Bramson 6/7 \$39

BUS-901-AS16 HOW TO SUCCEED IN THE NON-PROFIT WORLD NON CREDIT

This three-part series will provide solid tools, hands-on activities, and proven methods for ensuring that your nonprofit is LIVELY, not just alive. Each session will enhance the participants' understanding of what makes a successful nonprofit, how to build your development portfolio, expand your presence, tighten your belt, and ensure a vibrant, energetic organization.

19313 W 9a-12p 6/5-6/19 AS Bramson 6/3 \$120

BUS-901-AS18 FUNDRAISING FOR NON-PROFITS NON CREDIT

Learn how to solicit major gifts and create donor loyalty. A three-part hands-on program designed to teach new and seasoned development professionals the tools, skills, techniques, and nuances to building your base of support through personal relationships.

19316 T 9a-12p 6/25 AS Bramson 6/21 \$39

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BUS-901-AS19 LANDLORD-TENANT RELATIONSHIP NON CREDIT

This course is designed to help landlords and tenants build safe, stable, and successful rental relationships. Participants will learn the basics of Colorado rental law and lease agreements, mutual rights and responsibilities, planning a smooth move-in/out, deposit essentials, protecting against damages and financial loss, and the case for and defense against eviction.

19317 W 5p-9p 5/22 AS Waters 5/20 \$29

BUS-901-AS20

19320 Sa 9a-1p 6/8 AS Waters 6/6 \$29

English

◆ **ENG-121-AS01 ENGLISH COMPOSITION I**  3 CR

College bound? Home from college? This guaranteed transfer course is affordable and frees your "home" college schedule while you work and play in the Roaring Fork Valley. Required text is PROVIDED by LMP. Learning Materials Program (LMP) is a flat rate library-like system that applies to all required course materials based on number of credit hours (\$26 per credit hour). For questions related to LMP see Basecamp or contact your campus.

Prerequisites: Accuplacer Sentence Skills (SS) score of 95 or higher and Reading Comprehension (RC) score of 80 or higher; or Next Generation Accuplacer Writing scores 246-300; or equivalent ACT/ SAT scores; or passed CCR-092, CCR-092C, CCR-093, CCR-094, or ENG-090 with a grade of C- or higher.

19531 MW 9a-11:20a 6/10-8/7 AS Barkhurst 6/18 7/24 \$240

ENG-901-AS21 FICTION WRITING: BEGINNER TO EXPERT NON CREDIT

Whether you need motivation to get that novel started, or simply want to demystify how ideas become stories, this class will inspire and challenge you to discover a deeper understanding of how to translate the ideas in your mind into words on a page and how random sparks of imagination can take shape to become stories. We will focus on the most significant elements of fiction, including characterization, scene, dialogue, plot, setting, and point-of-view to bring structure to our writing. Be prepared to share your written work and to discuss the work of your fellow students.

19323 W 5:30p-7:30p 5/29-7/3 AS Rapkin 5/24 \$110

ENG-901-AS22 THAT NIGHT BY A. MCDERMOTT: BOOK TALK NON CREDIT

Together we will investigate this novel and look at the craft elements that make it work. How do the plot, dialogue, character, structure, and setting contribute to the novel's success? While we will also discuss theme and meaning, this class will also try to dissect how the artistry of the work is intrinsically linked to its content. Consider this a heightened book club. Come with ideas to share and discuss.

19329 T 6p-8p 6/18 AS Rapkin 6/14 \$20

ENG-901-AS23 THE VIRGIN SUICIDES BY J. EUGENIDES: BOOK TALK

19331 T 6p-8p 7/9 AS Rapkin 7/5 \$20

ENG-901-AS24 WRITE THAT NOVEL! NON CREDIT

Whether you're finishing a draft or just getting started, this workshop will provide you with the tools to craft a great novel. Together, we'll explore the elements of novel writing, including beginnings and endings, character development, dialogue, and plot. Students will have the opportunity to workshop portions of their novels in addition to completing writing exercises and discussing excerpts of published novels.

19352 M 5:30p-8p 7/8-7/29 AS Meyerson 7/5 \$125

ENG-901-AS26 MEMOIR WRITING I NON CREDIT

Join a community of writers interested in telling the stories that define our lives and times. Explore the genre of memoir writing and learn to identify the key features that turn a touchstone event into a great narrative. Students will read a variety of memoir excerpts, complete writing exercises, workshop their stories, and be expected to share their memoirs in class.

19353 F 9a-12p 5/31-6/28 AS Barkhurst 5/29 \$109

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ENG-901-AS28 MEMOIR WRITING II NON CREDIT*Memoir writers will expand on the skills acquired in Memoir I as they workshop their stories while receiving active editing and peer review.***19355** F 9a-12p 7/12-8/9 AS Barkhurst 7/10 \$109**ENG-901-AS30 MOM-OIR** NON CREDIT*Whether your children are young or old, this course provides an opportunity, in a facilitative, supported, and constructive setting, to write your own book of memorable stories, from the heartwarming to the humorous, as a keepsake for the next generation to enjoy and cherish.***19356** W 6p-7:30p 5/22-6/26 AS Itzler 5/20 \$59**ENG-901-AS32****19357** W 6p-7:30p 7/12-8/7 AS Itzler 7/10 \$59

Foreign Language

FRENCH

FRE-901-AS34 BEG/INT CONVERSATIONAL FRENCH NON CREDIT*Introduce yourself in French; walk into a restaurant and order lunch; talk about your favorite hobbies or where you live! We will learn French you can use during your next trip to Paris or Montreal. And we will work very hard to perfect your French accent! Sign up today as class is limited to 8 people.***19358** W 10:30a-12p 6/5-8/7 AS Milewski 6/3 \$99

CHINESE

HUM-901-AS35 BEGINNING MANDARIN NON CREDIT*This class presents students the skills necessary to begin to understand and speak Mandarin. The material includes basic vocabulary, grammar, and expressions that are used in daily situations and in travel.***19361** MTh 10a-12p 5/20-8/8 AS Zhang 5/17 \$175

Health & Wellness

HWE-103-AS01 COMMUNITY FIRST AID AND CPR W/AED (AHA)  .5 CR*An American Heart Association Blended Learning course; the Part One, knowledge portion of the course, is completed online and Part Two, Skill Session, is in person with an instructor, during the scheduled hours for the class. Students must contact Kerry Wirth to schedule their approximate 2.5 hour skill testing time slot and present the completed AHA online certificate of completion. Students are encouraged to contact Kerry Wirth 970-236-0459 for additional details. Required text is PROVIDED by LMP. Learning Materials Program (LMP) is a flat rate library-like system that applies to all required course materials based on number of credit hours (\$26 per credit hour). For questions related to LMP see Basecamp or contact your campus.***19981** MT 9a-2p 6/3-6/4  AS Wirth 5/31 6/4 \$40**HWE-103-AS02 COMMUNITY FIRST AID AND CPR W/AED (AHA)**  .5 CR*Teaches emergency procedures for respiratory, obstructed airway, and cardiac arrest victims of all ages. Meets certification requirements of the American Heart Association (AHA). Cost includes AHA certification card. Required text is PROVIDED by LMP. Learning Materials Program (LMP) is a flat rate library-like system that applies to all required course materials based on number of credit hours (\$26 per credit hour). For questions related to LMP see Basecamp or contact your campus.***19982** MW 9a-2p 7/22-7/24 AS Wirth 7/19 7/24 \$40

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HWE-901-AS36 LIFE MANAGEMENT MEETS INTENT NON CREDIT

Time Management meets Higher Intent is a program designed to help you create more time for what truly matters to you. Through this workshop you will learn a modern system of thinking that focuses on two fundamental things to get you the results you desire in your life.

19362 W 5p-8p 7/10-7/17 AS Palasz 7/8 \$60

HWE-901-AS37 GOALS: CREATE YOUR FUTURE IN ADVANCE NON CREDIT

In this life design workshop you'll get to create and feel your vision, set purposeful goals that will move you towards it, and lay out a plan to fulfill the life you envision one goal at a time. In just a couple of classes, you'll gain clarity about what you want, understand the reason behind it, and identify the specific actions you must take in order to accomplish what you desire most while enjoying the process.

19363 TW 5p-8p 6/25-6/26 AS Palasz 6/21 \$60

Information Technology

CIS-901-AS06 DIGITAL MARKETING PACKAGE NON CREDIT

The internet now offers a plethora of cost-effective, easy to use, online marketing platforms to brand and market your business. This series of workshops is designed for entrepreneurs and small businesses to build a successful digital marketing strategy. Students must be proficient in MAC OS. Teacher Bio: Tiffany Cook is the Content Marketing Manager for Aspen Skiing Company and has a degree in Graphic Design.

19148 TTh 5:30p-8:30p 5/28-8/8 AS Cook 5/24 \$500

CIS-901-AS07 IDENTIFY YOUR BRAND NON CREDIT

Creating a consistent brand message is the first and most important step in marketing your business. Learn about the many online platforms that will help you get started with your brand.

19152 TTh 5:30p-8:30p 5/28-5/30 AS Cook 5/24 \$109

CIS-901-AS08 CONTENT CREATION NON CREDIT

The backbone of creating your visual presence online is content. An overview of the best online tools to help create the elements that form your brand - imagery, video, and creative.

19161 TTh 5:30p-8:30p 6/11-6/13 AS Cook 6/7 \$109

CIS-901-AS09 WEBSITE CREATION NON CREDIT

A website is the foundation of your online presence. Learn to create a website in a day using easy to use online website builders.

19186 TTh 5:30p-8:30p 6/25-6/27 AS Cook 6/21 \$109

CIS-9010-AS10 SOCIAL MEDIA NON CREDIT

Learn about the essential social media tools that keep you tuned into your customer base and drive traffic to your website or brick and mortar business.

19187 TTh 5:30p-8:30p 7/9-7/11 AS Cook 7/5 \$109

CIS-901-AS11 EMAIL MARKETING NON CREDIT

Learn the email marketing tools that can help you build lasting relationships with your prospects and clients.

19188 TTh 5:30a-8:30a 7/23-7/25 AS Cook 7/19 \$109

CIS-901-AS12 DIGITAL ADVERTISING NON CREDIT

An overview of the most important online advertising tools that need to be part of your digital marketing plan.

19194 TTh 5:30p-8:30p 8/6-8/8 AS Cook 8/2 \$109

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Music

◆ MUS-120-AS01 MUSIC APPRECIATION 3 CR

Covers the history of classical music based on the great works from the Baroque period to the twentieth century. Lots of listening and analysis of works heard, including discussions of the offerings at the Aspen Music Festival. Class tuition includes attendance at several performances throughout the summer at the Festival. Students taking the class for credit will be required to make a presentation on a piece of music of their choice, keep a listening journal, and take the in-class quizzes. Course text is PROVIDED by Learning Materials Program (LMP). LMP is a flat rate library-like system that applies to all required course materials based on number of credit hours (\$26 per credit hour). For questions related to LMP see Basecamp or contact your campus.

Prerequisites: Requires college-level composition and reading placement.

19430 M 1p-3:50p 6/3-8/5 AS & AMF Buesch 6/12 7/20 \$240

◆ MUS-120-AS02

19431 M 4p-6:50p 6/3-8/5 AS & AMF Buesch 6/12 7/20 \$240

MUS-275-AS01 MUSIC PERFORMANCE APPRECIATION 1 CR

Course is restricted to high school students. Requires attendance and participation in master classes, concerts, private performances, and a variety of other instructional events resulting in increased competency in performance. A lead faculty will be responsible for coordinating, assessing, assigning, and recording all instructional activities. Includes private and/or group instruction in voice or instruments. Student must register and be accepted into the Aspen Music Festival "Passes and Lessons Scholarship Program" or P.A.L.S. before registering for this Music Performance Appreciation class through CMC. Students seeking concurrent enrollment credit must contact their school and fill out CEPA paperwork. This course is NOT a part of the Learning Materials Program (LMP).

19983 M-Su 8a-10p 6/24-8/18 AMF Hone Wiltgen 7/2 8/4 \$80

MUS-901-AS38 GUITAR I NON CREDIT

Learn a many songs as possible in 10 weeks! Learn with other locals excited about guitar music. Students must bring their own guitars.

19364 T 5:45p-6:45p 6/4-8/6 AS Phillips 5/31 \$120

Got a Two-Year
Technical Degree?
ADD A BACHELOR'S
TO THAT.

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COLORADO
MOUNTAIN COLLEGE

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Physical Activities

ASPEN FITNESS

PED-901-AS54 CONDITIONING LAB NON CREDIT
Strength and stretch followed by cardio and core.

19542 MW 4:25p-6:45p 5/13-8/7 AS Hinchliffe 5/10 \$30

PED-901-AS50 SNEAK PEEK: WEIGHT TRAINING NON CREDIT
Class introduces strength training for arms, legs, and core.

19537 MW 4:25a-5:25a 5/13-5/15 AS Hinchliffe 5/10 \$20

*** PED-102-AS01 WEIGHT TRAINING I** 1 CR
Beginning level: weights, fitballs, bands, and more in a group setting. Includes one extra class TBA. This course is NOT a part of the Learning Materials Program (LMP).

19984 MW 4:20p-5:25p 5/20-8/7 AS Hinchliffe 5/31 7/20 \$80

PED-901-AS52 MAY MADNESS: PHYSICAL CONDITIONING NON CREDIT
This all-around conditioning class will help you get ready for your summer time activities. Some step experience is helpful. Class is taught in a group setting.

19540 MW 5:26p-6:45p 5/13-5/29 AS Hinchliffe 5/10 \$30

*** PED-216-AS01 PHYSICAL CONDITIONING** 1 CR
Cardio, core, and more. Some step experience helpful. This course is NOT part of the Learning Materials Program (LMP).

19985 MW 5:25p-6:45p 6/3-8/7 AS Hinchliffe 6/12 7/22 \$80

PED-901-AS39 FITNESS SNEAK PEEK WEEK NON CREDIT
For \$25, you'll have a chance to sample Moi Cycle on Monday and Wednesday, Cardio/Strength training on Tuesday, Zumba Plus on Thursday, and Moi Cycle Boost on Friday.

19400 MTWThF 12p-1p 5/13-5/17 AS Knight 5/10 \$25

PED-901-AS40 MOI CYCLE PACKAGE/3 DAY NON CREDIT
Get on a bike and build endurance, stamina, and capacity to make those summer rides the best of your life. Moi Cycle tests your mental and physical capabilities and ups your fitness to a real high. Personal heart rate monitors are highly recommended or use Perceived Exertion Chart provided in the gym to participate. Register for this section to take Moi Cycle on Mondays, Wednesdays, and Fridays.

19406 MWF 12p-1p 5/20-8/9 AS Knight 5/17 \$199

PED-901-AS41 MOI CYCLE PACKAGE/2 DAY NON CREDIT
Register for for this section to take Moi Cycle on both Mondays and Wednesdays.

19410 MW 12p-1p 5/20-8/7 AS Knight 5/17 \$159

PED-901-AS42 MOI CYCLE MONDAYS NON CREDIT

19414 M 12p-1p 5/20-8/5 AS Knight 5/17 \$99

PED-901-AS43 MOI CYCLE WED NON CREDIT

19417 W 12p-1p 5/22-8/7 AS Knight 5/20 \$99

PED-901-AS44 MOI CYCLE BOOST NON CREDIT
Friday is Moi Cycle Boost, which is the 30 minute version of Moi Cycle. Expect the same challenge as the regular Moi Cycle in only 30 minutes. We follow the ride with an upper body strength workout using tubes, weights & body weight exercises, along with Core training and stretching.

19419 F 12p-1p 5/24-8/9 AS Knight 5/22 \$99

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PED-901-AS45 CARDIO & STRENGTH/ZUMBA PACKAGE NON CREDIT

Save money when you purchase this class that includes Tuesday Cardio Interval & Strength and Thursday Zumba Plus.

19422 TTh 12:15p-1:15p 5/21-8/8 AS Knight 5/17 \$99

PED-901-AS46 CARDIO, INTERVAL, & STRENGTH NON CREDIT

Get it all in this class. We begin with a cardio and interval fusion to get your heart rate up and burn those calories. We then move to a strength circuit, bar workout, or in place strength workout to tone and strengthen upper body, lower body, and core muscles. Some step experience is helpful, but not required.

19425 T 12:15p-1:15p 5/21-8/6 AS Knight 5/17 \$69

PED-901-AS47 ZUMBA PLUS NON CREDIT

Ditch the workout and join the party. Zumba is a Latin-inspired dance exercise that burns tons of calories, gets those hips moving, and is so fun you can't stop smiling. The Zumba section runs 45 minutes followed by 15 minutes of core work and stretching.

19426 Th 12:15p-1:15p 5/23-8/8 AS Knight 5/21 \$69

PED-901-AS60 NEUROMOVEMENT NON CREDIT

Neuromovement/Anat Baniel Movement(ABM) consists of a large body of movement lessons that benefit a range of people from old to young to athlete to injured. Similar in appearance to yoga or pilates, the lessons emphasize slower movement at first, with a focus on attention to the reduction of force and effort. The genius of ABM is that it not only produces remarkable transformations, but that it does it in a short period of time that often years of trying did not provide.

19554 TTh 5:30p-6:30p 6/4-8/8 AS Picken 5/31 \$86

RETURN TO SIMPLICITY

INSPIRED ART AND DESIGN**CALL FOR ART**

Colorado Mountain College Aspen Campus Gallery is hosting an open call for Bauhaus inspired art and design for the exhibition "Return to Simplicity."

ARTWORK DROP OFF: May 29, 9am-1pm or by appointment

OPENING RECEPTION: June 13, 5-7 pm

EXHIBITION DATES: June 3-August 15, 2019

Contact K Cesark (kcesark@coloradomtn.edu) for submission entry info.

CMC Aspen Campus Gallery

Hours vary, please call 970-925-7740 to plan your visit to see the exhibition.

SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

ZAYA YOGA

Zaya Yoga is located at the Aspen Airport Business Center #408, Unit B.
Please bring a large towel, yoga mat, and water.

| | | |
|---|----------------------|------------|
| PED-901-AS56 | ZAYA 26&2 | NON CREDIT |
| <i>Ground into your feet and alignment while gaining flexibility in this hatha style class. Set postures are held a minute or more in stillness, creating a very meditative practice. Beginners through experienced yoga practitioners are all welcome.</i> | | |
| 19545 | TTh | 9a-10:15a |
| | | 6/4-8/8 |
| | ZY | Staff |
| | | 5/31 |
| | | \$128 |
| PED-901-AS57 | ZAYA 26&2 | NON CREDIT |
| <i>Ground into your feet and alignment while gaining flexibility in this hatha style class. Set postures are held a minute or more in stillness, creating a very meditative practice. Beginners through experienced yoga practitioners are all welcome.</i> | | |
| 19547 | W | 5:30p-7p |
| | | 6/5-8/9 |
| | ZY | Staff |
| | | 6/3 |
| | | \$99 |
| PED-901-AS58 | HOT ZAYA FLOW | NON CREDIT |
| <i>Zaya Yoga Flow is a foundational, therapeutic class that includes traditional hatha yoga, core, flow, and dynamic movement with breath. This class combines several styles of yoga including Bikram, Vinyasa, Para, Ashtanga, and Forest, and prepares you for all styles of practice.</i> | | |
| 19550 | TTh | 12p-1p |
| | | 6/4-8/8 |
| | ZY | Staff |
| | | 5/31 |
| | | \$128 |
| PED-901-AS59 | HOT ZAYA YIN | NON CREDIT |
| <i>Zaya Hot Yin is both a gentle and challenging yoga practice. After a gentle pranayama, passive poses are held for 3-5 minutes in order to access the connective tissues, tendons, fascia, and ligaments at a deeper level. This not only improves flexibility, but the flow of prana. A more meditative approach to yoga, Yin aims to cultivate awareness of one's inner silence, quieting the mind, and bringing to light a universal, interconnecting quality.</i> | | |
| 19551 | TTh | 4p-5p |
| | | 6/4-8/8 |
| | ZY | Staff |
| | | 5/17 |
| | | \$128 |

ASPEN TENNIS

| | | |
|--|-------------------------------------|-------------|
| PED-901-AS66 | BEGINNING TENNIS | NON CREDIT |
| <i>For students who have never played tennis or who have minimal experience. Bring a racket if you have one. These are group lesson classes and organized play. Please call Karen (970-618-8674) with any questions. Students MUST sign up for appropriate level or they will be dropped from class. Classes are held at the Aspen Meadows. Court rental fee (\$35) will be due at first class. Bring a racket if you have one.</i> | | |
| 19558 | T | 5:10p-6:10p |
| | | 5/28-8/6 |
| | AM | Lutz |
| | | 5/24 |
| | | \$56 |
| PED-901-AS67 | INTERMEDIATE TENNIS TUESDAY | NON CREDIT |
| <i>Get drills and tips for your tennis game. Those not rated 2.5-3.0 must get instructor permission to register. These are group lesson classes and organized play. Please call Karen(970-618-8674) with any questions. Students MUST sign up for appropriate level or they will be dropped from class. Classes are held at the Aspen Meadows. Court rental fee (\$35) will be due at first class. Bring a racket if you have one.</i> | | |
| 19559 | T | 6:15p-8p |
| | | 5/28-8/6 |
| | AM | Lutz |
| | | 5/24 |
| | | \$99 |
| PED-901-AS68 | INTERMEDIATE/ADVANCED TENNIS | NON CREDIT |
| <i>Get drills and tips for your tennis game. Those not rated 3.5 must get instructor permission to register. These are group lesson classes and organized play. Please call Karen (970-618-8674) with any questions. Students MUST sign up for appropriate level or they will be dropped from class. Classes are held at the Aspen Meadows. Court rental fee (\$35) will be due at first class. Bring a racket if you have one.</i> | | |
| 19560 | W | 6p-7:45p |
| | | 5/29-8/7 |
| | AM | Lutz |
| | | 5/24 |
| | | \$99 |

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VIMANA YOGA - BASALT

Vimana Yoga is located at 23300 Two Rivers Rd. #36 in Basalt. 970-927-1230.
Please bring a large towel, yoga mat, and water.

PED-901-AS70 VIMANA VINYASA NON CREDIT

Vimana Vinyasa is a fun flow style practice incorporating alignment principals while holding to the philosophy of linking postures for maximum effectiveness. A non-traditional Vinyasa infused with Vimana, Ashtanga, Para, and Forrest yoga in an a symmetry-based class that is challenging, yet designed for all levels. The instructor can give you alternate postures if you're working through injuries so that you stay with the Vimana tenets of a therapeutic class.

19618 MW 5:30p-6:45p 6/3-8/7 VYB Staff 5/31 \$128

PED-901-AS71 VIMANA 26&2 NON CREDIT

Vimana Vinyasa is a fun flow style practice incorporating alignment principals, while holding to the philosophy of linking postures for maximum effectiveness. A non-traditional Vinyasa infused with Vimana, Ashtanga, Para, and Forrest yoga in an a symmetry-based class that is challenging, yet designed for all levels. The instructor can give you alternate postures if you're working through injuries so that you stay with the Vimana tenets of a therapeutic class.

19627 TTh 7a-8a 6/4-8/8 VYB Staff 5/31 \$128

PED-901-AS73 HOT VIMANA YOGA NON CREDIT

Vimana Yoga is a foundational, therapeutic class that includes traditional hatha yoga, core, flow, and dynamic movement with breath. This class combines several styles of yoga including Bikram, Vinyasa, Para, Ashtanga, and Forest and prepares you for all styles of practice.

19630 TTh 5:30p-6:45p 6/4-8/8 VYB Staff 5/31 \$128

PED-901-AS74 HOT YIN YOGA NON CREDIT

Vimana Hot Yin is both a gentle and challenging yoga practice. After a gentle pranayama, passive poses are held for 3-5 minutes in order to access the connective tissues, tendons, fascia, and ligaments at a deeper level. This not only improves flexibility, but the flow of prana. A more meditative approach to yoga, Yin aims to cultivate awareness of one's inner silence, quieting the mind, and bringing to light a universal, interconnecting quality.

19634 TTh 7p-8p 6/4-8/8 VYB Staff 5/31 \$128

TAC FITNESS - BASALT

These classes are taught in a group fitness setting at TAC Fitness in the Mid-Valley Health Institute.

PED-901-AS76 SNEAK PEEK: DYNAMIC WORKOUT NON CREDIT

Focus on body alignment, stretch and core.

19638 MTh 8:30a-9:30a 5/13-5/16 TAC Hinchliffe 5/10 \$20

* **PED-221-AS02 DYNAMIC WORKOUT** 1 CR

Focus on body alignment, stretch and core. This course is NOT part of the Learning Materials Program (LMP).

18681 MTh 8:30a-9:35a 5/20-8/8 TAC Hinchliffe 6/3 7/20 \$80

PED-901-AS80 CONDITIONING LAB NON CREDIT

Register for this package for both Dynamic Workout at TAC Fitness and Physical Conditioning at the Gym of Basalt for only \$2.50 per class (average). This is the best deal and gives you lots of options to get your workout in 4 days.

19649 MTh 8:30a-9:30a 5/13-8/8 TAC
TF 8:30a-9:30a 5/14-8/9 GB Hinchliffe 5/10 \$160

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GYM OF BASALT

These classes are taught in a group setting at the Gym of Basalt, 82 Doroux Ln, Basalt.

| | | |
|--|---------------------------------------|------------------------------|
| PED-901-AS78 | INTRO TO PHYSICAL CONDITIONING | NON CREDIT |
| <i>Increase your strength, stamina, and flexibility with this all-round conditioning class that includes cardio, core, strength, and stretch. Some step experience is helpful.</i> | | |
| 19644 | TF 8:30a-9:50a 5/14-5/31 | GB Hinchliffe 5/10 \$48 |
| * PED-216-AS03 | PHYSICAL CONDITIONING | 1 CR |
| <i>Cardio, core, and more. Some step experience helpful. This course is NOT part of the Learning Materials Program (LMP).</i> | | |
| 18684 | TF 8:30a-9:50a 6/3-8/9 | GB Hinchliffe 6/13 7/23 \$80 |
| PED-901-AS81 | TUESDAY CONDITIONING | NON CREDIT |
| <i>Increase your strength, stamina, and flexibility with this all-round conditioning class that includes cardio, core, strength, and stretch. Some step experience is helpful.</i> | | |
| 20150 | T 8:30a-9:50a 5/14-8/6 | GB Hinchliffe 5/10 \$65 |
| PED-901-AS82 | FRIDAY CONDITIONING | NON CREDIT |
| <i>Increase your strength, stamina, and flexibility with this all-round conditioning class that includes cardio, core, strength, and stretch. Some step experience is helpful.</i> | | |
| 20151 | F 8:30a-9:50a 5/17-8/9 | GB Hinchliffe 5/15 \$65 |
| PED-901-AS84 | CARDIO/PILATES PACKAGE | NON CREDIT |
| <i>Build your stamina and strength with cardio step and resistance, followed by core strengthening with a Certified Pilates mat instructor for a total workout.</i> | | |
| 19665 | MW 7:40a-9:30a 5/6-8/7 | GB Loeschen 5/3 \$199 |
| PED-901-AS85 | MONDAY CARDIO | NON CREDIT |
| <i>Build your stamina and strength with cardio step and resistance.</i> | | |
| 19667 | M 7:40a-8:25a 5/6-8/5 | GB Loeschen 5/3 \$59 |
| PED-901-AS87 | WEDNESDAY CARDIO | NON CREDIT |
| 19674 | W 7:40a-8:25a 5/8-8/7 | GB Loeschen 5/6 \$59 |
| PED-901-AS86 | MONDAY PILATES MAT | NON CREDIT |
| <i>Strengthen your core with a Certified Pilates mat instructor. Beginners welcome.</i> | | |
| 19672 | M 8:30a-9:30a 5/20-8/5 | GB Loeschen 5/3 \$78 |
| PED-901-AS88 | WEDNESDAY PILATES MAT | NON CREDIT |
| 19678 | W 8:30a-9:30a 5/8-8/7 | GB Loeschen 5/6 \$78 |

◆ COLORADO STATE GUARANTEED TRANSFER COURSE

* APPLIES TO CMC AA/AS DEGREE

📺 IVS COURSE

📺 WEB COURSE

📺 HYBRID COURSE: CLASSROOM/INTERNET

📖 TEXTBOOK/S REQUIRED

SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

BASALT POOL**PED-901-AS94 WATER AEROBICS** NON CREDIT

A low impact exercise using the water's resistance to increase conditioning. Students will be able to work at their own pace. Student's without a pool pass must pay \$25 rental fee at the first class to Basalt Recreation Department and students must feel comfortable in deep water. Classes held at Basalt Pool.

19758 MW 8a-9a 6/3-8/7 BP Smith 5/31 \$65

BASALT TENNIS**PED-901-AS90 GROUP TENNIS LESSONS (BEG)** NON CREDIT

Classes meet at Crown Mountain Park. Students must sign up for appropriate level or they will be dropped from class. Call us at 970-963-2172 if you are not rated with USTA. Please pick up a FAQ sheet at CMC Carbondale for more information. Classes on 6/26 & 7/3 held at Basalt Tennis Courts.

19834 W 9a-10a 5/29-6/19 CM Rihtaric 5/24 \$80

PED-901-AS91 GROUP TENNIS LESSONS (INT) NON CREDIT

Classes meet at Crown Mountain Park. Students must sign up for appropriate level or they will be dropped from class. Call us at 970-963-2172 if you are not rated with USTA. Please pick up a FAQ sheet at CMC Carbondale for more information. Classes on 6/26 & 7/3 held at Basalt Tennis Courts.

19839 W 10a-11a 5/29-6/19 CM Rihtaric 5/24 \$80

PED-901-AS92 GROUP TENNIS LESSONS (INT/ADV) NON CREDIT

Classes meet at Crown Mountain Park. Students must sign up for appropriate level or they will be dropped from class. Call us at 970-963-2172 if you are not rated with USTA. Please pick up a FAQ sheet at CMC Carbondale for more information. Classes on 6/26 & 7/3 held at Basalt Tennis Courts.

19841 W 11a-12p 5/29-6/19 CM Rihtaric 5/24 \$80



Lifelong learning made easier.

ELEVATE

Soon you'll be able to find your non-credit classes, and drop them in a shopping cart. IT'S GOING TO BE THAT SIMPLE.

Coming Fall 2019



ENGLISH AS A SECOND LANGUAGE

improve your English in basic to advanced classes. Students will be evaluated on registration day to determine the appropriate class level.

Mejore su inglés con clases de nivel básico hasta avanzado. Todos los estudiantes serán evaluados el día de inscripción para averiguar su nivel apropiado.

You must attend the registration date to enroll.

Uno tiene que asistir el día de la inscripción para poder matricularse.



| Location/ Lugar | Class Time/ Horario | Mandatory Registration Date/ La fecha de inscripción obligatoria | Class Dates/ Fechas |
|---|------------------------|--|------------------------|
| ASPEN | • MW, 10a-12:30p | 5/13 | 5/20-7/1 |
| | • TTh, 6:30-8:50p | 5/16 | 5/21-6/27 |
| BASALT (at Basalt Middle School)* | • MW, 6:30-8:50p | 5/15 | 5/20-7/1 |
| <i>*In Basalt, parents can bring their children ages 3-12 years old. En Basalt, los padres pueden traer a sus niños de 3-12 años de edad.</i> | | | |
| CARBONDALE (at Lappala Center) | • TTh, 6:30-8:50p | 5/14 | 5/21-6/27 |
| | • TTh, 9-11:30a | 5/14 | 5/21-6/27 |
| GLENWOOD | • TTh, 9-11:50a | 4/25 | 5/2-6/4 |
| | • MW, 6:30-8:50p | 5/13 | 5/20-7/1 |

The levels we offer include Pre-Literacy, Level 1 (Low Beginner), Level 2 (High Beginner), Level 3 (Low Intermediate), Level 4 (High Intermediate) and Level 5 (Advanced). Not all levels are offered at all locations.

These ESL classes cost \$40. Limited scholarships may be available to those who most need them. Students can attend classes only after paying the fee for the semester or receiving scholarship funds.

Las clases cuestan \$40. Habrá becas limitadas para los que más las necesiten. Los estudiantes podrán asistir a las clases sólo después de haber pagado el costo por el semestre o de haber recibido una beca. Llama al 1-800-922-1205 para más información.

(HSE) HIGH SCHOOL EQUIVALENCY / (GED) GENERAL EQUIVALENCY DIPLOMA

GED-933-AS1 GED PREPARATION

Presents material for students who need to prepare for the GED tests; language arts, writing, reading, mathematics, science, and social studies.

20450 TTh 6:20p-8:50p 5/21-8/8 AS Walter \$60

GED-933-CB01 GED PREPARATION

This class is taught in Spanish.

Presenta material para estudiantes que necesitan prepararse para los exámenes de GED (Desarrollo Educativo General); artes y letras, matemáticas, ciencias, y estudios sociales. Se enseña la clase en español.

18802 MW 6p-8:35p 5/13-7/17 CB Teitler \$45

SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

Art

* ART-114-CB01 **WIRE JEWELRY MAKING** 1 CR

Create unique pieces of jewelry using metal wire. Learn basic wire wrapping, chain making, jump rings, head pins, ear wires, and simple soldering and hand-forming techniques. All levels welcome. Call Carbondale Campus at 970-963-2172 for tool and supply list. A \$40 metals fee will be collected the first day of class. This course is subject to the CMC Learning Materials Program (LMP) and students will be charged \$26/credit hour. For questions related to CMC LMP please see Basecamp or contact your campus.

18921 M 5p-9:20p 6/3-7/1 CB Seedorf 6/7 6/24 \$80

ART-901-CB01 **DRAWING: MAKE YOUR MARK** NON CREDIT

Learn new techniques and find inspiration by looking at mark making masters (Cy Twombly, Eva Hesse, and Ellen Gallagher, for example). This class is ideal for beginning to advanced artists who want to find new approaches to pencil, pen, charcoal, and pastels while expanding their creative thinking and technical abilities. "I can't draw" will be a thing of the past after this lively and experimental drawing class. Contact the Carbondale Campus at 970-963-2172 for a materials/supply list.

19287 W 9a-1p 5/22-6/19 CB Seguin 5/20 \$147

ART-901-CB02 **DRAWING: THE CONTOUR LINE** NON CREDIT

Discover the possibilities of a single line in this one-day, creative outlet, drawing class. Experience the stress relieving qualities of gestural, blind contour, continuous line, and variable contour drawing styles. All drawing levels are welcome. Expect to gain the abilities and skills to bring drawing with you wherever you go. Contact the Carbondale campus at 970-963-2172 for a materials/supply list.

19290 Sa 9a-3p 7/20 CB Seguin 7/18 \$40

ART-901-CB03 **PAINTING: COLOR BLOCKED** NON CREDIT

Discover a modern approach to painting, and explore many ways that color is used as a subject in this color-centric painting class. Gain control over technique, confidence in choosing color pallets, and direction on composition layout. Learn how realism, geometric pattern, and the abstract can be accomplished through various color blocking systems in an approachable and enjoyable manner. Beginners to advanced artists are encouraged to join this acrylic painting class. Contact the Carbondale Campus at 970-963-2172 for a materials/supply list.

19292 T 9a-1p 6/18-7/16 CB Seguin 6/14 \$147

ART-901-CB04 **WATERCOLOR PAINTING** NON CREDIT

Improve your watercolor painting skills with demos and one-on-one instruction. Learn how to "dance" with water and pigment. All levels welcome. Some classes may be held outdoors in Plein Air. Beginners please contact the Carbondale front desk at 970-963-2172 for a supplies list and come to the first class ready to paint.

19294 W 10a-12p 6/26-8/7 CB Hayes 6/24 \$102

ART-901-CB05 **SEWING** NON CREDIT

Bring a project that you want to learn to make or alter. Sally Melia will share her enthusiasm and years of sewing experience to help you. Bring your own material, sewing supplies, and your own machine for help learning how to use it, or borrow machine from the instructor. Up-cycling and re-purposing are encouraged.

19299 W 6:30p-9:30p 5/22-7/10 CB Melia 5/20 \$175

ART-901CB06 **NEEDLEWORK DESIGN** NON CREDIT

Learn to simplify photos or other artwork and create a line drawing that can be transferred to needlework fabrics or charted for counted thread embroidery. Look at the materials and colors that are available, and explore what they can do for your design. Start your design before class is over. No drawing ability needed. Students will provide their own needlework materials. All levels welcome. Bring your design ideas to the first class.

20246 M 1p-4p 5/27-6/24 CB Gault 5/24 \$110

SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

ART-901-CB07 HAND WOVEN BASKETS NON CREDIT

Learn and practice the basics of basket weaving: constructing a base, weaving the sides, and lashing on the rims. This is a beginner level class where students learn the techniques of this age-old craft and take home a complete and functional basket. Instructor Karen Alldredge has been studying and teaching basket weaving for 30 years, and you can see her work in galleries throughout the Roaring Fork Valley. Students bring a plastic dish tub, approximately 14"x13", to soak the reeds. A \$30-\$40 materials fee will be collected at the first class depending on the basket to be woven.

20043 Th 9a-4p 7/18 CB Alldredge 7/16 \$68

ART-901-CB08 MOSAIC GAZING BALL NON CREDIT

Learn and develop mosaic skills using cut glass tiles and other materials while creating your own mosaic gazing ball for the garden. Students will create their own design and prepare an 8" styrofoam ball for the 3-D platform. Cutting and adhesive techniques will be used to apply mosaic tiles. Class includes a grouting demo and a supply of grout to take home in order to complete the work. All materials and tools will be provided, although students may bring their own tools or objects (small items approx. 1" sq.) to include in their piece. A \$20 materials fee will be collected by the teacher at the start of class. This class can be messy – wear appropriate clothing. Teacher Carol Newman is a nationally recognized mosaic artist who shares her love of color and form through teaching. Appropriate for beginning and intermediate level adult and teen-age students.

20045 FSa 9a-4p 6/21-6/22 CB Newman 6/19 \$127

ART-901-CB09 FAIRY GARDENS NON CREDIT

Learn how to make your own fantasy fairy garden with found materials and handmade decorations. Bring your own container or use one provided. A \$15 materials fee will be collected by instructor. This class is appropriate for students age 13 and older.

19315 Th 9a-2p 6/27 CB Gray 6/25 \$33

ART-901-CB10 THE ZEN OF PHOTOGRAPHY NON CREDIT

Learn to "make" a photo and not just "take" a photo. This is a basic photography class for beginning as well as intermediate photographers who want to get off the automatic setting. Students must have a DSLR or film camera that can be taken off automatic settings. Sandra Kaplan has been a professional photographer for over 40 years, with work in local galleries as well as Sante Fe. She enjoys helping her students come to love the camera and what it can do.

20074 FMWF 5p-9p 6/7-6/12
SaSu 9a-1:30p 6/8-6/9 CB Kaplan 6/5 \$153

ART-901-CB11 PAINTING WITH LIGHT NON CREDIT

Make exquisite photos in a totally dark room. Photograph a building, street, or the night sky while learning to control the dark and light. Prerequisite: students must have taken instructor's previous class or know how to take their camera off the automatic setting and work totally in manual settings.

20082 Sa 9a-1p 7/6
M 5p-9p 7/8 CB Kaplan 7/3 \$88

ART-901-CB12 PHOTOGRAPHING LANDSCAPES NON CREDIT

Learn how to create dramatic landscape photography while developing your own style. Find the confidence to create unique compositions while using your camera manually, and make those images pop with the editing program "Lightroom." Gain insight into being at the right place when the light is best, and how to scout new locations. Instructor Jeremy Joseph is a published and award winning professional photographer and a graduate of CMC's photography degree program.

19318 T 6p-8p 6/11-7/16 CB Joseph 6/7 \$59


ART-901-CB13 MONOTYPE PRINTING NON CREDIT

Create "painterly" prints in black and white and color while exploring the creative potential of various monotype approaches. Monotypes offer an experimental, spontaneous way to make unique images on paper. Students will make plates through additive and subtractive techniques and be among the first to print on our new etching press. All materials and supplies included. This class is designed for students ranging from beginners to seasoned artists.


20245 F 10a-1p 5/31-6/14 CB Woods 5/29 \$106

SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

Business

| | | | | | | | | |
|---|---------------------------------|---|-----------------|-----------|----------------|-------------|-------------|--------------|
| * BUS-115-CB01 | INTRODUCTION TO BUSINESS |  | 3 CR | | | | | |
| <i>Class is part of the CMC Learning Materials Program (LMP). Credit seeking students will be charged \$26 per credit. Text required and will be sent directly to students.</i> | | | | | | | | |
| <i>Prerequisites: Requires college-level composition and reading placement.</i> | | | | | | | | |
| 18623 | W | 5:40p-9:10p | 5/29-8/7 | CB | Bramson | 6/10 | 7/21 | \$240 |

Communication

| | | | | | | | | |
|---|------------------------------------|---|----------------|-----------|-------------|-------------|-------------|--------------|
| * COM-125-CB01 | INTERPERSONAL COMMUNICATION |  | 3 CR | | | | | |
| <i>Class is part of the CMC Learning Materials Program (LMP). Credit seeking students will be charged \$26 per credit. Text required and will be sent directly to students.</i> | | | | | | | | |
| <i>Prerequisites: Requires college-level composition and reading placement.</i> | | | | | | | | |
| 18688 | MW | 4:55p-6:55p | 6/3-8/7 | CB | Shaw | 6/12 | 7/22 | \$240 |

Computer Information Systems

| | | | | | | | |
|--|-----------------------|--------------------|-------------|-----------|---------------|-------------|-------------|
| CIS-901-CB01 | MICROSOFT WORD | | NON CREDIT | | | | |
| <i>Get familiar with the many features available with Microsoft Word, and learn to use templates, create letters, and incorporate fun features like pictures, Word Art, Smart Art, and tables. Students may create a flyer and a brochure.</i> | | | | | | | |
| 19321 | T | 8:30a-3:30p | 5/21 | CB | Watson | 5/17 | \$60 |

| | | | | | | | |
|--|------------------------|---------------|-------------|-----------|---------------|-------------|-------------|
| CIS-901-CB02 | BEGINNING EXCEL | | NON CREDIT | | | | |
| <i>Master the basics of worksheet operations using Microsoft Excel 2016. Topics include data entry, formatting, formulas, functions, printing, and file management. Intended for beginners who have no experience with Excel, but do have basic computer skills.</i> | | | | | | | |
| 19398 | T | 9a-12p | 5/28 | CB | Watson | 5/24 | \$30 |

| | | | | | | | |
|--|-----------------------------|--------------------|------------|-----------|---------------|-------------|-------------|
| CIS-901-CB03 | EXCEL FUNDAMENTALS I | | NON CREDIT | | | | |
| <i>Review the basics of worksheet operations using Microsoft Excel 2016, including data entry, formatting, formulas, functions, printing, and file management. Intended for those who have some exposure to Excel, but want to gain further experience and understanding of basic functions.</i> | | | | | | | |
| <i>Prerequisites : Familiarity with the Windows operating system.</i> | | | | | | | |
| 19404 | T | 8:30a-3:30p | 6/4 | CB | Watson | 5/31 | \$60 |

| | | | | | | | |
|--|------------------------------|--------------------|-------------|-----------|---------------|------------|-------------|
| CIS-901-CB04 | EXCEL FUNDAMENTALS II | | NON CREDIT | | | | |
| <i>Focus on intermediate features of worksheet operations using Microsoft Excel 2016. Topics include: chart creation, advanced database features, filters, queries, sorting, and advanced printing features.</i> | | | | | | | |
| <i>Prerequisites: Microsoft Excel 2016 Fundamentals I or instructor approval.</i> | | | | | | | |
| 19408 | T | 8:30a-3:30p | 6/11 | CB | Watson | 6/7 | \$60 |

SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

Early Childhood Education

ECE-240-DL01 ADMINISTRATION OF EARLY CHILDHOOD CARE AND EDUCATIONAL PROGRAMS 3 CR

TEXT REQUIRED. Hybrid: Face-to-face every week (24 hours) and Web (21 hours). This class meets face-to-face every Monday via Web-Ex. This course is NOT a part of the Learning Materials Program (LMP). Special course materials may be required. Please contact your instructor and refer to your syllabus. You can shop by ISBN directly from Basecamp for any items not provided automatically.

Prerequisites: Requires college-level composition and reading placement.

Prerequisites: ECE-101 must be taken concurrently if not previously completed with a grade of C- or higher.

18219 Th 6p-8p 5/23-8/8 DL Theller 6/3 7/20 \$240

* ECE-256-DL01 WORKING WITH PARENTS, FAMILIES, AND COMMUNITY SYSTEMS 3 CR

TEXT REQUIRED. Hybrid: Face-to-face every week (24 hours) and Web (21 hours). This class meets face-to-face every Wednesday via Web-Ex. This course is NOT a part of the Learning Materials Program (LMP). Special course materials may be required. Please contact your instructor and refer to your syllabus. You can shop by ISBN directly from Basecamp for any items not provided automatically.

Prerequisites: Requires college-level composition and reading placement.

18222 W 6p-8p 5/22-8/7 DL Jackman 6/3 7/20 \$240

English

◆ ENG-121-CB01 ENGLISH COMPOSITION I 3 CR

Class is part of the CMC Learning Materials Program (LMP). Credit seeking students will be charged \$26 per credit. Text required and will be sent directly to students.

Prerequisites: Accuplacer Sentence Skills (SS) score of 95 or higher and Reading Comprehension (RC) score of 80 or higher; or Next Generation Accuplacer Writing scores 246-300; or equivalent ACT/SAT scores; or passed CCR-092, CCR-092C, CCR-093, CCR-094, or ENG-090 with a grade of C- or higher.

18696 MW 7p-9:05p 6/3-8/7 CB Walters 6/12 7/22 \$240

Finance

FIN-901-CB01 INVESTING 101 NON CREDIT

Review the key features of bonds, stocks, and mutual funds. Find out what you should be doing now to prepare for retirement. Discover how to protect yourself against unexpected life events and learn why everyone needs some type of estate plan.

18925 W 5p-6:15p 5/22-6/12 CB Preston 5/20 \$44

◆ COLORADO STATE GUARANTEED TRANSFER COURSE

* APPLIES TO CMC AA/AS DEGREE

(U) IVS COURSE

👤 WEB COURSE

📺 HYBRID COURSE: CLASSROOM/INTERNET

📖 TEXTBOOK/S REQUIRED

SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

Geology

GEY-901-CB01 GEOLOGY OF ROARING FORK VALLEY NON CREDIT

Explore our local geology in this popular field trip. Understand the geologic forces and events that formed the Roaring Fork Valley and Glenwood Canyon and how these forces continue to affect the area today. Meet at CMC Carbondale and embark in a van from there. Bring lunch and come prepared for short hikes with water, snacks, sunscreen, and appropriate clothing and shoes. Class size is limited due to van capacity, so sign up early to reserve your spot!

18927 W 8:15a-5:15p 6/5 CB Wilson 6/3 \$100

GEY-901-CB02 GEOLOGY FIELD TRIP-CRYSTAL/RF VALLEYS NON CREDIT

Explore the geology of the Crystal River Valley, and middle to upper Roaring Fork Valley. This field trip will cover Mount Sopris and its famous rock glacier, a 70 million year-old delta, Basalt Mountain, and glacial features in the Aspen and Grotto areas. Students will also learn about the Carbondale collapse center, sink holes, faults, and folds. Meet at CMC Carbondale and embark in a van from there. Bring lunch and come prepared for short hikes with water, snacks, sunscreen, and appropriate clothing and shoes. Class size is limited due to van capacity, so sign up early to reserve your spot!

20088 Sa 8:15a-5:15p 7/13 CB Zabel 7/11 \$100

GEY-901-GW02 GEOLOGY FIELD TRIP-COLORADO RIVER NON CREDIT

Explore the geology of the Glenwood Canyon in this field trip where students will be able to touch some of the oldest rocks of Colorado, find the 13+ Glenwood hot springs, see the No Name Fault and a graben, learn to read a geologic map, and stop at the Hanging Lake walking/biking path to see more types of ancient rocks and the Great Unconformity. Travel west back to Glenwood Springs and on to South Canyon and New Castle to trace the rock units, from ancient to young age rocks, of the Grand Hogback and Roan Plateau near Rifle. Meet at the CMC Glenwood Center at 8:15am for a short geology introduction before heading out in the van. Bring lunch and come prepared for short hikes with water, snacks, sunscreen, and appropriate clothing and shoes. Class size is limited due to van capacity, so sign up early to reserve your spot!

20365 Sa 8:15a-5:15p 6/22 GW Zabel 6/20 \$100

Health & Wellness

HPR-102-CB01 CPR FOR PROFESSIONALS .5 CR

Meets the requirements for American Red Cross Professional Rescuer CPR or American Heart Association Basic Life Support for those who work in emergency services, health care, and other professional areas. Material presented in the course is basic patient assessment, basic airway management, rescue breathing and CPR for infant, child, and adult patients. Required text is PROVIDED by LMP. Learning Materials Program is a flat rate library like system that applies to all required course materials based on number of credit hours (\$26 per credit hour). For questions related to LMP see Basecamp or contact your campus.

18805 Sa 8a-5p 7/27 CB Kroesen 7/25 7/27 \$40

HWE-103-CB01 COMMUNITY FIRST AID AND CPR .5 CR

Prepares the student for certification in CPR and basic first aid. Skills will include basic life support, airway obstruction, control of bleeding, shock, and patient care for the unconscious. Class is part of the CMC Learning Materials Program (LMP). Credit seeking students will be charged \$26 per credit. Text required and will be sent directly to students.

18806 F 8a-5:30p 7/26 CB Kroesen 7/24 7/26 \$40

HWE-103-CB01

18807 F 9a-6p 6/14 CB Wirth 6/12 6/14 \$40

SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

* **HWE-100-CB01 HUMAN NUTRITION**  3 CR

Introduces basic principles of nutrition with emphasis on personal nutrition. Class is part of the CMC Learning Materials Program (LMP). Credit seeking students will be charged \$26 per credit. Text required and will be sent directly to student. This class is a hybrid class which combines face-to-face classroom instruction with online learning activities. Online components may include discussions, audiovisual presentation, reading assignments, self-testing exercises, small group work, and simulations. The instructor will provide details about the class schedule, face-to-face meeting times, and other details to help you succeed.

18660 TTh lp-3:50p 5/21-6/27 CB Weatherwax 5/28 6/18 \$240

HWE-901-CB01 COOKING WILD WEEDS NON CREDIT

Learn simple recipes using local, wild plants gathered in the Roaring Fork Valley. Students will learn about the nutritional values of these plants, identification and habitat, and about harvest and preparation. In this class we will cook and eat foods made with some of these plants, and students will go home with printed recipes. Plants used may include mallow, nettles, dandelion, burdock, chickweed, cleavers, garden mint, yellow dock, orach, miner's lettuce, and others. Class may need to be re-scheduled if late snow prevents the gathering of plants.

19208 T 6p-9p 5/28 CB Morehouse 5/24 \$25

HWE-901-CB12 SOUND, MUSIC & HEALING NON CREDIT

Explore the therapeutic benefits of a variety of musical styles, and learn how sound and music affect the body, mind, and emotions. Listen and experience sound and music more deeply and skillfully to enhance healing and integrate body, senses, and emotions. Develop an awareness of self as a musical instrument to be tuned and harmonized. Instructor Robert Woo is a professional musician and healer, with a Masters in theology.

19413 M 6p-8p 5/20-6/24 CB Woo 5/17 \$88

HWE-901-CB02 MATERIA MEDICA SERIES NON CREDIT

Create an Herbalist's handmade journal composed of detailed plant information. Students will create an in-depth connection with two different plants each class. Classes will focus on edible, medicinal and local plants that are found wild in the RF Valley or can be easily grown. Sarah Morehouse is a Certified Herbalist with a BA in Medicinal Botany, and her own herbal product line. Students bring journaling materials to class.

19209 T 6p-8:30p 6/25-8/6 CB Morehouse 6/21 \$90

HWE-901-CB06 MATERIA: VIOLETS, ROSE, & YARROW NON CREDIT

19214 T 6p-8:30p 6/25 CB Morehouse 6/21 \$25

HWE-901-CB03 MATERIA MEDICA: ELDER & ARNICA NON CREDIT

19210 T 6p-8:30p 7/9 CB Morehouse 7/5 \$25

HWE-901-CB04 MATERIA MEDICA: HAWTHORN & JUNIPER NON CREDIT

19211 T 6p-8:30p 7/23 CB Morehouse 7/19 \$25

HWE-901-CB05 MATERIA MEDICA: WILD BERRIES NON CREDIT

19213 T 6p-8:30p 8/6 CB Morehouse 8/2 \$25



Most Affordable

BACHELOR'S DEGREE IN COLORADO

SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

HWE-901-CB07 A LIFE LESS TOXIC SERIES NON CREDIT

Learn how different toxins affect the body at a cellular level to disrupt hormone signaling, nerve communication, liver function, immune function, increase fat storage, and even increase your chances of developing cancer. Prioritize your efforts to avoid toxins using credible resources so you can make informed choices. Class covers both synthetic chemicals and natural substances that are toxic for the body. Instructor Casey Bowen, Naturopathic Doctor, loves helping people tap into their healing potential.

18930 W 6p-7:30p 7/17-8/7 CB Bowen 7/15 \$50

HWE-901-CB08 TOXINS: SKIN DEEP NON CREDIT

Learn about common toxins found in body care products, laundry products, and textiles. Understand how toxins pass through our skin, how each toxin disrupts cellular function, and ways we can minimize exposure.

18933 W 6p-7:30p 7/17 CB Bowen 7/15 \$15

HWE-901-CB09 TOXINS: FOOD & WATER NON CREDIT

Learn about common synthetic and natural airborne toxins. Understand how these substances affect or pass through lung tissues, how each toxin disrupts cellular function once absorbed, and ways we can minimize exposure.

18951 W 6p-7:30p 7/24 CB Bowen 7/22 \$15

HWE-901-CB10 TOXINS: AIRBORNE NON CREDIT

Learn about common synthetic and natural airborne toxins. Understand how these substances affect or pass through lung tissues, how each toxin disrupts cellular function once absorbed, and ways we can minimize exposure.

18952 W 6p-7:30p 7/31 CB Bowen 7/29 \$15

HWE-901-CB11 TOXINS: HOME NON CREDIT

Learn about common toxins in cleaning products, furniture materials, mattresses, paint, and other synthetic building materials. Understand how each toxin disrupts cellular function and ways we can minimize exposure.

18953 W 6p-7:30p 8/7 CB Bowen 8/5 \$15

History

HIS-901-CB01 CARBONDALE HISTORY NON CREDIT

Learn the Crystal Valley and Carbondale's early history from mid-1800s to c. 1930. Includes a walking tour of Main Street and visits to the Cabin Museum and Thompson House Museum. Please come prepared to walk around town on Saturday. This is the first course in the Carbondale Historical Society docent training

program. CHS members and students who volunteer to lead CHS history tours may be reimbursed for a portion of the class fee. Details at www.carbondalehistory.org.

19411 W 6p-9p 7/10
 Sa 9a-12p 7/13
 CB Gray 7/8 \$58



SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

Music

MUS-901-CB01 AFRICAN DRUMMING NON CREDIT

Learn the “rules” of West African drumming and work on various group arrangements, accompaniment parts, and basic rudiments that can be used on the djembe or other percussion in a wide variety of settings. A fun, dynamic, and high energy class.

19415 F 5:30p-7p 5/31-6/28 CB Lehmann 5/29 \$55

MUS-901-CB02 SINGING BASICS NON CREDIT

Learn about pitch and tone, and build confidence to improve your voice for church, choir, karaoke, shower, or stage performance. Develop your vocal technique through music in a group setting, and sample different genres, languages, and time periods. No experience necessary – students of all abilities are welcome. Learn to love your voice! Instructor Marcia Kuhlman holds a bachelors degree in Choral Music Education, and a masters degree in Choral Conduction. She has extensive teaching experience and is currently working with the Choirs at RFHS and CMS.

20092 M 6p-8p 6/3-6/24 CB Kuhlman 5/31 \$59

MUS-901-CB03

20094 M 6p-8p 7/15-8/5 CB Kuhlman 7/12 \$59

Physical Activities

DANCE

DAN-901-CB01 BEGINNING SWING DANCE NON CREDIT

Learn the basics of Jitterbug (East Coast), swing steps, turns, spin, dips, and other fun moves. This is a great way to get some exercise, enjoy meeting people, and be able to improvise great dance moves at a party, wedding, or other social dance. You do not need to come with a partner, but your dancing partner is welcome to register.

18923 W 6p-8p 5/22-6/12 CB Lewber 5/20 \$59

DAN-901-CB02

18924 W 6p-8p 6/26-7/17 CB Lewber 6/24 \$59

FITNESS

PED-901-CB01 BARRE SCULPT NON CREDIT

Tone those hard-to-target muscles in your core, arms, and legs with this ballet-inspired fitness class. Develop long lean muscles without bulk and plie your way to a stronger and healthier body.

18809 TTh 12p-12:50p 5/21-8/8 CB Lins 5/17 \$125

PED-901-CB02 ZEN BARRE NON CREDIT

Sculpt and strengthen your entire body, and increase flexibility while developing breath control and mindfulness in this challenging and unique workout. Zen Barre follows the principles of barre, yoga, strength training, and Pilates with an emphasis on ballet.

18810 TTh 8a-8:50a 5/21-8/8 CB Rappaport 5/17 \$125

PED-901-CB03 PILATES MAT PLUS NON CREDIT

Build your overall fitness with a Pilates mat work plus step, resistance, and a variety of disciplines.

18813 F 8:45a-9:45a 5/24-8/9 CB Loeschen 5/22 \$80

SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

PED-901-CB04 PILATES MATWORK I NON CREDIT*Increase core strength, overall muscle tone and flexibility with focused and precise Pilates matwork techniques.***18815** MW 11a-11:50a 5/20-8/7 CB Lins 5/17 \$115**PED-901-CB05 PILATES MATWORK II** NON CREDIT*Increase core strength, overall muscle tone, and flexibility with focused and precise Pilates matwork techniques. This class is for those who have been doing Pilates matwork on a regular basis and want to continue to more advanced work.***18817** TTh 11a-11:50a 5/21-8/8 CB Lins 5/17 \$125**PED-901-CB06 PILATES MATWORK III** NON CREDIT*Build endurance, fitness, form, and sustained core stability through breath, 3rd-level cueing for abdominal connection, spinal flexibility, and focus during class. Incorporates Pilates principles into everyday life and recreational activities.***18820** MW 12p-12:50p 5/20-8/7 CB Lins 5/17 \$115**PED-901-CB07 MORNING CONDITIONING** NON CREDIT*Develop flexibility, strength, and total body fitness in a fun and challenging workout that varies with each class. Use body weight, fitballs, free weights, medicine balls, and bands in an early morning class that gets you moving on with your day.***19156** TTh 5:25a-6:25a 5/21-8/8 CB Sansom 5/17 \$147**PED-901-CB08 TUESDAY MORNING CONDITIONING** NON CREDIT**19158** T 5:25a-6:25a 5/21-8/6 CB Sansom 5/17 \$81**PED-901-CB09 THURSDAY MORNING CONDITIONING** NON CREDIT**19159** Th 5:25a-6:25a 5/23-8/8 CB Sansom 5/21 \$81**YOGA & MOVEMENT****PED-901-CB11 INTEGRATIVE MOTION** NON CREDIT*Create new movement patterns using conscious movement and breath to unblock joints and release tension caused by repetitive movement or injury. Gently align bones, strengthen core, balance stretch with strength, increase range of motion, quiet the mind, and balance emotions. This class is a synthesis of Alexander, Feldenkrais, Laban/ Bartenieff, Kinetic Awareness, Polarity Balancing, and Educational Kinesiology combined with the energetics of Yoga, Tai Chi, and Qigong. This class is a gentle re-introduction to activity after an injury, and/or the perfect complement to an active lifestyle.***19162** T 6p-7:30p 5/28-8/6 CB Page 5/24 \$161**PED-901-CB13 INTEGRATIVE MOTION** NON CREDIT**19167** F 10a-11:30a 5/31-8/9 CB Page 5/29 \$147**PED-901-CB10 INTRO TO INTEGRATIVE MOTION** NON CREDIT*This one-day class allows students to try out Integrative Motion for minimal cost.***19160** T 6p-7:30p 5/21 CB Page 5/17 \$15**PED-901-CB12 INTRO TO INTEGRATIVE MOTION** NON CREDIT*This one day class allows students to try out Integrative Motion for minimal cost.***19166** F 10a-11:30a 5/24 CB Page 5/22 \$15

SYN / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / IN-DISTRICT

PED-901-CB14 QIGONG-GRANDFATHER OF TAI CHI NON CREDIT

Use gentle qigong movements to energize the internal organs, and improve balance, flexibility, and muscle tone. Relaxation and focus enhance the energy flow. No prior experience necessary. Everyone benefits from this fun fitness class. Cari Shurman has been studying and teaching Qigong internationally for over 25 years.

19418 MW 8:45a-9:45a 7/8-8/7 CB Shurman 7/5 \$73

WHITE HORSE YOGA

PED-901-CB15 HANDSTAND INVERSION CONDITIONING NON CREDIT

Learn the art of handstands in this fun, warm, progressive class for all levels. Instructor, Bel Carpenter, will incorporate yoga gymnastics and interval training to help you learn to get upside down safely. White Horse Yoga is located at 105 Village Lane in Carbondale. 970-963-1751.

18823 M 4:30p-5:30p 6/3-7/22 WH Staff 5/31 \$68

PED-901-CB16 VIMANA YOGA NON CREDIT

Vimana Yoga is a foundational, therapeutic class that includes traditional hatha yoga, flow, and core. This class combines several styles of yoga including Bikram, Vinyasa, Para, and Forest and is designed for all levels. For therapeutic benefit, classes are held in a heated studio with temperatures ranging from 95-103 degrees. Please bring a large towel, yoga mat, and water and be prepared to work out. White Horse Yoga is located at 105 Village Lane in Carbondale. 970-963-1751.

18825 MF 8:30a-9:45a 6/3-8/9 WH Staff 5/31 \$108

PED-901-CB17 VIMANA YOGA NON CREDIT

Vimana Yoga is a foundational, therapeutic class that includes traditional hatha yoga, flow, and core. This class combines several styles of yoga including Bikram, Vinyasa, Para, and Forest and is designed for all levels. For therapeutic benefit, classes are held in a heated studio with temperatures ranging from 95-103 degrees. Please bring a large towel, yoga mat, water, and be prepared to work out. White Horse Yoga is located at 105 Village Lane in Carbondale. 970-963-1751.

18907 MW 6p-7:15p 6/3-8/7 WH Staff 5/31 \$108

PED-901-CB18 WHITE HORSE FLOW HOT YOGA NON CREDIT

White Horse Flow is a fun, alignment based hot yoga class designed for all levels. This class combines several styles of yoga including Vimana, Vinyasa, Para, and Forest to cultivate an unsurpassed experience. You will feel strong, supple, balanced, enlivened, and nurtured. Classes are held in a heated studio where temperature ranges from 95-100 degrees. Please bring a large towel, yoga mat, and water, and be prepared to sweat. White Horse Yoga is located at 105 Village Lane in Carbondale. 970-963-1751

18908 TTh 6p-7:15p 6/4-8/8 WH Staff 5/31 \$108





Psychology

◆ **PSY-102-CB01 GENERAL PSYCHOLOGY II**  3 CR

Class is part of the CMC Learning Materials Program (LMP). Credit seeking students will be charged \$26 per credit. Text required and will be sent directly to students.

Prerequisites: Accuplacer Sentence Skills (SS) score of 95 or higher and Reading Comprehension (RC) score of 80 or higher; or Next Generation Accuplacer Writing scores 246 or higher; or equivalent ACT/SAT scores; or passed CCR-092, CCR-092C, CCR-093, CCR-094, or ENG-090 with a grade of C- or higher.

18701 TTh 5:30p-8p 6/4-8/8 CB Persiko 6/13 7/23 \$240

| | |
|---|---|
| ◆ COLORADO STATE GUARANTEED TRANSFER COURSE | * APPLIES TO CMC AA/AS DEGREE |
|  IVS COURSE |  WEB COURSE |
|  HYBRID COURSE: CLASSROOM/INTERNET |  TEXTBOOK/S REQUIRED |



REGISTRATION

TO REGISTER FOR A NONCREDIT COURSE

Non credit courses are indicated by brown, 5-digit SYN # (Example: **12345**)

Students can register in person or online for noncredit courses. To sign up online, go to WebAdvisor.Coloradomtn.edu. Click on the brown bar, Continuing Education. Register by using the brown SYN # preceding your course from this class schedule, and the semester code. Payment online is required.

TO REGISTER FOR A CREDIT COURSE

Credit courses are indicated by the purple, 5-digit SYN. (Example: **12345**)

CURRENT STUDENTS:

If you have taken credit classes in the past ten months, you may register in person or online at <http://Basecamp.ColoradoMtn.Edu>

NEW OR RETURNING STUDENTS:

If you are new to CMC or have not taken credit classes in the past 10 months, you will need to:

- ▶ Apply for Admission
- ▶ Complete a Registration Form
- ▶ Supply transcripts or placement test scores for courses
- ▶ Visit www.coloradomtn.edu/register to get started.

PAYMENT:

4/22-5/8 registrations: payment and/or payment arrangements due before midnight on May 8, 2019.

5/9-8/9 registrations: payment and/or payment arrangements due before midnight the day following registration.

TUITION AND FEES

| CREDIT COURSES COST PER CREDIT *Moderate technology fees apply to courses 3 CR and higher. | | | NONCREDIT |
|--|-----------------|------------------|--|
| STATUS | 100-200 COURSES | 300-400 COURSES* | 900 LEVEL COURSES |
| In-District | \$80 | \$80 | Varies by course. For costs see course description. |
| CMC Service Area | \$170 | \$170 | |
| In-State | \$180 | \$180 | |
| Out-of-State | \$453 | \$453 | |

*Military/veterans, citizens aged 62 and over, and second homeowners within CMC's district may qualify for reduced tuition rates. More at: www.ColoradoMtn.edu/Tuition.

POSTMASTER:

Send address changes to CMC Marketing Communications, Colorado Mountain College, 802 Grand Avenue, Glenwood Springs, CO 81601.

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