



CMC & MindUP

Teacher Education Conference

MINDUP™



COLORADO
MOUNTAIN COLLEGE

WORKSHOP OVERVIEW

The two-day workshop provides training in the MindUP social/emotional curriculum. Rooted firmly in neuroscience and rigorously researched, MindUP is a preventative program that helps children and teachers develop the mental fitness necessary to thrive in the classroom and throughout their lives.

- ▶ September 20-21
Morgridge Commons
Glenwood Springs, CO

**BREAKFAST + LUNCH
PROVIDED**

REGISTER:
COLORADOMTN.EDU/MINDUP

\$0

COST. A grant from CDHE covers tuition for CMC student teachers and local educators.

83%

students indicated improvements in social and emotional behavior.

15

engaging lessons for teachers of pre-k through 8th grade students.

EVENT SPONSORS:



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