

## U3x Upright Cycle



- LED console display is easily navigated by users of all experience levels
- Ergo Form™ custom designed seat provide comfortable support

### CONSOLE

Display Type	14-seg. alphanumeric, 8x 16 LED graphic display
Display Feedback	Time, distance, calories, calories per hour, level, speed, RPM, heart rate, METs, Watts, Profile
User-defined multi-language display	No - Accessible through manager menu: English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish
Resistance Levels	30
Workouts	manual, rolling hills, target HR, interval training, constant watts, fat burn, fitness test, random
CSAFE Ready - FitLinxx Certified	Yes
Netpulse Compatible	No
IPTV Compatible	No
Fit Touch Technology	No
Instant On Technology	Yes
One Button Start	Yes
On-the-fly Program Change	Yes
Integrated Vista Clear Television Technology	No
FITCONNEXION Ready	Yes
WiFi	No
Multimedia Playback	No
iPod® Compatible	No
Nike + iPod Compatible	No
Personal Fan	No
USB Port	Yes
Virtual Active™ Compatible	No
Asset Management Compatible	No
mPower Workout Tracking and Fitness Network Compatible	No
Web Connectivity	No
Facility Communication Portal / Calendar	No
Pause Function	Yes
Reading Rack	Yes

### FEATURES

Contact & Telemetric HR	Yes
Handlebar Design	Molded racing design with elbow support

## FEATURES

Integrated Arm Rests	Yes
Remote Resistance Controls	Yes
Bottle Holder	Yes

## FRAME

Available Colors	Iced Silver or Matte Black
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## RESISTANCE SYSTEM

Resistance System	Brushless generator
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## TECH SPECS

Assembled Weight	86.3 kg / 190.2 lbs.
Max User Weight	182 kg / 400 lbs
Shipping Weight	99.7 kg / 219.7 lbs.
Power Requirements	Self-powered / powered 100v-240v - 50/60Hz AC
Minimum Watts	2 powered / 13 self-powered
Assembled Dimensions	130.7 x 65.4 x 153.7 cm / 51.5" x 25.75" x 60.5"
Crank Design	Three piece with forged arms
Minimum RPM	10 powered / 25 self-powered